

From the Secretary
Bengal Urological Society

Sub: Secretaries report for the BUS annual conference on 14.3.2010 at Hyatt Regency.

Dear Members

It is a great pleasure as well as honour for me to address you on the activities of the Bengal Urological Society for the year 2009—2010. It has been quite an eventful year with clinical meetings and workshops organized throughout the year, beginning of health awareness and medical camps by the BUS in the suburban areas and creditable performances by our postgraduate students.

A) CLINICAL MEETINGS : were held in

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| 1) NRS Medical College | May 2009 |
| 2) Command Hospital | 15 th July 2009 |
| 3) RKM Hospital (held at Rotary Sadan) | 15 th October 2009 |
| 4) CNMC (held at Park Hotel) | 15 th December 2009 |

There were interesting case presentations in all the meetings. Attendance was fair except in Command Hospital probably due to bad weather.

Business meetings were held in all the clinical meetings to discuss important society matters. Important decisions taken were:

1) BUS Office: An office committee was formed to explore the feasibility of purchasing an office space for the society. The committee, chaired by Prof. B K Biswas, had the following members—Dr Shivaji Basu, Dr K Pradhan & Dr Animesh Das. A site was surveyed at the IMA Office complex and reported to the society. After extensive discussion it was decided that the society was not in a position to buy an office immediately because: a) it did not have the fund right now, b) uncertainty when the construction of the building and the lift will be completed.

2) USICON ,2011: The annual conference of the Urological Society of India, 2011, will be held in Kolkata. This is a great honour for us and the onus will be on us to prove that Kolkata is second to none in organizing a conference with the highest standards of academic content, audiovisual, hospitality and warmth as well as tourism and entertainment.

Uptill now, the following preparatory work has been done:

Office bearers:

Organising Chairman-----Prof. Arunava Chowdhury

Organising Secretary-----Dr Shivaji Basu

Co-Org. Secretary-----Dr Amit Ghosh

Treasurer -----Dr Kalyan Sarkar

Joint Org Secretary Dr Animesh Das Dr Bibhas Kundu

Venue: -----Science City, Kolkata

Date: -----21st to 25th Jan. ,2011

In the BUS meeting held on 15th December '09 a resolution was passed unanimously accepting the formation of the above organizing committee. It was also decided to release a refundable amount of Rs two lacs only from the BUS account at SBI, Kalighat to the USICON 2011 account to meet the initial expenditures of the conference.

Dr Shivaji Basu made a powerpoint presentation of USICON 2011 which was also presented in the AGM meeting at the Agra conference. It was decided to send the first circular to all members of USI by the second week of January '10. Everyone agreed that a stall should be taken at Agra to promote USICON 2011 and encourage members to make early bird registrations.

3) Urology Camps & Social awareness programmes

As part of our duty and responsibility towards the society it was decided to organize free Urology camps and social awareness programmes in the suburbs of Kolkata in association with local IMA branches, Lions, Rotary, Red Cross society's and other medical organizations.

The first such camp was held at the club campus at Barrackpore with the help of IMA Titagar branch, National Club, Barrackpore and URO 1 division of CIPLA. 57 patients attended the camp. The following doctors of the BUS conducted the camp----- Dr Animesh Das, Dr Supriya Basu and Dr Soumen Mondal. It was a successful camp, The response of the local people was spontaneous and overwhelming. I thank the local organizers for their help and co-operation. We expect to hold the next such camp on March 2010.

B) OTHER ACADEMIC ACTIVITIES

We had quite a few academic meetings scattered around the year. They were:

1) Dr Reddy's Lab organized a meeting on PCNL on 30th June, 2009, at the Grand hotel with the renowned Dr Peter Alken as the chief faculty. There was an excellent talk by Dr Peter Alken on the intricacies and problems encountered during PCNL and how best to tackle them. He shared his experience on PCNL with the members and offered plenty of practical tips during a very fruitful interactive session.

2) This was followed by a meeting on Cancer Prostate on 3rd July hosted by Cipla Pharmaceuticals. The emphasis was on the recent thoughts and concepts on prevention of cancer prostate. Dr Jagdish Kulkarni from Mumbai and Dr Kalyan Sarkar spoke on the recent developments regarding this subject as discussed in the last AUA meeting. There were two very important papers, one on the role of Finasteride and the other on the role of Dutasteride, presented in the AUA meeting, regarding prevention of cancer prostate, which created a lot of interest and interaction among the leading Urologists. There was a comprehensive discussion on other matters of CA Prostate as well. The evening ended with a thoroughly lively and enjoyable debate on the motion "PSA should be used as a screening test in Cancer Prostate in India." Dr Bibhas Kundu spoke for the motion and Dr Amit Ghosh opposed it.

3) On the next day, 4th July, 2009, Zydus Pharmaceuticals launched its product, Trosipium hydrochloride in the management of OAB. A lively panel discussion took place about the medical management of OAB and the role of the four common drugs ie, tolterodine, solifenacin, darifenacin and trosipium in this disease. The meeting was chaired by Prof. Arunava Choudhury and Dr Sujit Basu; the panelists were Dr Kalyan Sarkar, Prof Dilip Karmakar, Prof Anup Kundu and was coordinated by Prof. Animesh Das. Dr Sailesh Shah was extremely kind to come all the way from Ahmedabad to be the chief faculty on this occasion. He spoke on his study of a series of patients with OAB and the effect of trosipium in its management.

The take home message was that all the drugs had a role depending on individual response ,the efficacy and toxicity. Trospium hydrochloride is an effective drug with lesser degree of CNS and dryness effects

The next academic gathering took place on 25th July.at the Apollo Gleneagles Hospital where Dr Amit Ghosh convened a one day Uro-Oncology CME programme with emphasis on the latest trends in the management of renal and prostatic malignancies.It was a very well attended meeting with a host of local and national speakers.The present scenario of targeted therapies in the management of advanced clear cell carcinomas of kidney was discussed extensively with the conclusion that it will occupy an important place in its future management. Speakers elaborated on the present treatment protocol of HRPC which is a difficult problem. The advent of Cyber- knife carries the promise of creating new horizons in the management of Carcinoma prostate.Targeted accurate delivery of radiation dosage is possible with no damage to the surrounding normal tissues.

The second annual workshop under the aegis of USI (EZ) was held at CNMC Kolkata on the 7th & 8th August 2009 with Dr Soumen Mondal as the Organising Secretary. It was a live laparoscopic workshop with Dr R Ahlawat and Dr Nagraj being the surgical faculty. Dr Ahlawat demonstrated laparoscopic adrenalectomy,radical nephrectomy and pyeloplasty whereas Dr Nagraj performed laparoscopic repair of VVF. The workshop was a wonderful exhibition of laparoscopic surgery of the highest standards.

The lap workshop was followed the next day with the staging of the first mock examination for MCh students by the EZ USI Chapter at the IPGMER, Kolkata,under the able stewardship of Prof. Anup Kundu. Sixteen students, including one each from the North and West zone, attended the event.Congratulations to Dr Deka ,Dr T P Rajeev and the EZ(USI) organizing committee for being the first Zone to hold a Zonal mock examination The opinion of the students was favourable and they wanted it to be held regularly twice a year.

The 19th East Zone USI Conference 2009 was held from 11th to 13th September in the beautiful city of Rajgir. It was hosted by the Bihar Urological Society & IGIMS Patna with Dr Rajesh Tewari as the Organising Secretary. There was a preconference video workshop on Laparoscopic Urology and the faculties were Drs Deepak Dubey, Shrenik Shah, Rajesh Ahlawat, P P Rao and Mahesh Desai. There were five guest lectures,32 free papers and seven postersIt was a wonderful combination of academics and entertainment with so many historical places like Nalanda, Bodh Gaya and a host of others to visit with your family. Congratulations to Dr Rajesh Tewari and his organizing committee team for gifting us a memorable conference.

Soon after, the NATCON IASO 2009 was held from 17th to 20th September at the ITC Sonar Bangla, Kolkata. The activities of the Urology section was held on 19th September with Dr Kalyan Sarkar as the convenor .All urological malignancies were discussed highlighting on radical prostatectomy, radical cystectomy, nephron sparing surgery in renal malignancies,inguinal block dissection in carcinoma penis and many others. There were many national and international faculties like Dr E Pontes. It was part of the National Conference of the Indian Association of Surgical Oncology.

The ASI WB Chapter conducts annual CME courses for post graduate trainees in Surgery. This year it was held at CNMC from 16th to 20th November. Dr Ranjit Das, Dr Dilip Karmakar and Dr Animesh Das were invited to deliver instructional lectures on Renal transplantation, Carcinoma bladder and RCC Kidney respectively. Prof. Arunava Chowdhury was the moderator.

A one day greenlight KTP Laser workshop for BPH was organized at CNMC Kolkata on 23rd November 2009. Prof. N P Gupta of AIIMS was the faculty member who gave an excellent demonstration of the vapourisation of prostate by the KTP laser. He emphasized that the procedure was easy, safe and with a short learning curve. Probably the cost is the only prohibiting factor in our country.

The SIU under the aegis of the BUS organized a two day workshop at RGKMCH on the 4th & 5th December, 2009 on Urooncology and Gender surgery. Dr Ranjan Dey, the organising secretary, performed a tireless and wonderful job. There were threadbare discussions on all the important urological malignancies. The faculty included luminaries like Dr S Rawal, Dr P B Singh, Dr S Tongaonkar, Dr Janak Desai, Dr Anup Ramani, Dr Rajeev Sood and others. There were lectures, debates, symposia and live operative surgeries like Radical Prostatectomy, Radical cystoprostatectomy with neobladder, Laparoscopic Radical Nephrectomy etc. I congratulate Dr Ranjan Dey and all the faculty members for giving us an excellent and fruitful conference.

Executive body meetings of the BUS were held regularly. Three such meetings took place on 26th June & 11th December 2009 and on 19th February 2010. I am sorry to say that many of the members are not doing justice to their posts by not attending the meetings. I am requesting the members to remember their responsibilities and play a positive role in the development and progress of the society.

USICON 2010 was held in the city of Tajmahal, Agra, from the 3rd to 7th of February at the wonderful Jaypee Palace which combines a 7 star hotel complex and a state of the art convention centre. There was a record attendance of 1800 delegates and about around 40 foreign faculties. There was an overflow of scientific presentations and the organisers had to recruit 6 halls to meet the requirement. Dr Shivaji Basu, secretary of USICON 2011 made a powerpoint presentation of Kolkata and the Science City which was well appreciated by the members in the AGM. There were 158 early bird registrations made in the USICON 2011 stall set up in Agra. Dr Madhu Agarwal and his team received all round applause for a memorable conference.

After returning from Agra the USICON 2011 Kolkata team has made steady progress and the latest position will be delivered to you in Dr Shivaji Basu's presentation in this conference very shortly.

This year we lost Prof S D Mukherjee, our ex-president who was a well known Urologist and General Surgeon and served NRS Medical College for a long time. He was a Popular figure and will be remembered as a jovial and pleasing personality. Very recently, Prof. Sudip Chakravarty suffered a great bereavement at the untimely death of his wife who was suffering for a long time. We sympathise with Prof Chakravarty on this tragedy and the BUS will send a condolence message soon to him.

It gives me great pleasure to inform you that our post-graduates have performed very well this year. Dr Punit Bansal attended the AUA conference in April 2009 on a traveling scholarship from the USI. Dr Mukesh Vijay and Dr Arindam Dutta were also awarded a traveling fellowship and attended the World Resident Congress at Prague at Chekoslovakia on September 2009. There is good news this year also. The USI has selected three students of Bengal at the recent Agra Conference and will send them for training on traveling scholarships. They are Dr Punit Tewari and Dr Suresh Singla from IPGME&R and Dr Prabir Basu from Wockhardt. Dr Mukesh Vijay's essay won the best prize in the essay competition held in the Mock examination at Mumbai.

The BUS website has made no progress. I admit my failure and responsibility for this. We have decided to form a Website committee which will work to revive and uplift the website.

The BUS magazine, edited by Dr Amit Ghosh, was excellent by all standards. I have congratulated Dr Ghosh. However, for compelling reasons its editions have stopped. I have requested Dr Amit Ghosh to resume its publications.

As the present committee finishes the first year of its term I thank our President and all members for your help and co-operation. I am open to advice, suggestions and even criticisms from you if it helps in bettering our performance in the coming year.

Thanking all of you,
With warm personal regards,
Dr Animesh Kumar Das,
Secretary BUS.